

OSMOPREP (after 10am appt. time)

NOTICE:

If you have any one of the following conditions please contact your doctor before filling your prescription for Visicol: Congestive heart failure, renal insufficiency (kidney problems) or ascities.

PRIOR TO THE PROCEDURE Fill prescription from your doctor for 32 OSMOPREP tablets

DAY BEFORE COLONOSCOPY or COLON SURGERY

Start a clear liquid diet and continue clear liquids throughout the day. Solid foods, milk or milk products are **NOT** allowed. No food or drink 6 hours before procedure. If you take blood pressure, heart or seizure medications you may take them with a sip of water the morning of procedure.

Clear Liquids Include –

Juices without pulp (apple, white grape, white cranberry, lemonade), Water, Tea, Plain Jello (not red or purple), Soda or non-carbonated soft drinks, Clear broth or bouillon, Ice Pops (not red or purple).

FOLLOW THESE INSTRUCTIONS FOR COLONOSCOPY PREPARATION

(FAILURE TO TAKE THE PREP AS INDICATED BELOW MAY RESULT IN A POORLY CLEANSED COLON AND POSSIBLE CANCELLATION OF THE PROCEDURE).

1. At 5PM take 4 **OSMOPREP** tablets every 15 minutes with at least 8 ounces of any clear liquid until all 20 tablets have been consumed. Remain close to toilet facilities.



4 Tablets
@ 5:00pm



4 Tablets
@ 5:15pm



4 Tablets
@ 5:30pm



4 Tablets
@ 5:45pm



4 Tablets
@ 6:00pm

2. At 9PM take 4 **OSMOPREP** tablets every 15 minutes with at least 8 ounces of any clear liquid until the remaining 12 tablets have been consumed.



4 Tablets
@ 9:00pm



4 Tablets
@ 9:15pm



4 Tablets
@ 9:30pm

3. Take 4 Dulcolax (**or** Generic Bisacodyl) tablets with at least 8 ounces of any clear liquid.
****Over the counter drug****



4 Tablets (5mg) by mouth 6 to 8 hours before procedure time.